Ancient Accepted Scottish Rite of Freemasonry, N.M.J., U.S.A. Vol. XX111 Autumn, 2002 No.1 A matter of faith All things depend upon faith. There is faith in God and faith in our families. There is faith in our beliefs, our institutions, and in each other. And there is faith in ourselves. There are men of faith. Men who believe faith not only can move mountains, but can guide us to make this world a better place. Who are these men? They are 32° Freemasons. 32° Freemasonry - Making a Real Difference!

Allegiance

The Bodies of Scottish Rite, sitting in the Valley of Albany, State of New York acknowledge and yield allegiance to thy Supreme Council, 33° Ancient Accepted Scottish Rite of Freemasonry for the Northern Masonic Jurisdiction of the United States of America, and whose Officers are:



III. Robert 0 Ralston, 33 Sovereign Grand



III. Harold L. Aldrich, 33 Deputy for the State of New York



III...Richard H. Welkley, 33 Active for Area 4

III :: Robert O. Ralston, 33° Sovereign Grand Commander

III :: Lawrence D. Inglis, 33° Grand Lieutenant Commander

Ill :: Robert W. Clarke, 33° Grand Minister of State

Ill .: Harold L. Aldrich, 33° Deputy for New York State

ACTIVE MEMBERS FOR NEW YORK

III .: Richard II. Welkley, 33°

III :: Douglas K. Wilson, 33°

III :: Gary A. Henningsen, 33°

Ill :: Frederick D. Greene, 33°

ACTIVE EMERITI MEMBERS FOR NEW YORK

Ill : Ralph M. Tompkins, 33°

Ill : James F. Niehoff, 33°

III :: Carlton A. Winchester, 33° Past Deputy for New York

Ill : Bruce Widger, 33°

Past Deputy for New York

The RITE LIGHT is published quarterly by Scottish Rite Bodies, Valley of Albany, 67 Corning Place, Albany, NY 12207-1904. Richard G. Barrell, 33', Editor, 869-0684 or 434-8970;

Remember the 32° Masonic Learning Center for Children



When Paying Your 2002 - 2003 Dues

Teddy Bear Awards

The first annual Valley Teddy Bear Awards will be announced at the Supreme Council Annual Meeting in Boston. The awards will recognize Valley participation in fund raising for the 32° Masonic Learning Centers for Children.

Each Valley has received a financial goal based on the size of the Valley membership. The level of the award is determined by the percentage of the goal reached as well as the extent of member and public awareness activities.





The Four Chaplains



George L Fox, the oldest of the four, knew all about war. Lving about his age in 1917, he enlisted in the Army as a medical corps assistant. He won a Silver Star for rescuing a wounded soldier from a battlefield filled with poison gas, the Croix de Guerre for outstanding bravery in an artillery barrage, and the Purple Heart for wounds. A resident of Vermont, he was a successful accountant and family man when he heard God's call to the ministry. Fox went back to school and later was ordained into the Methodist denomination. When war

came, he once again enlisted, telling his wife, "I've got to go. I know from experience what our boys are about to face. They need me." Fox began active duty on August 8 1942, and served until that fateful morning of February 3, 1943.

Alexander D. Goode was both an outstanding athlete and scholar. Following in his father's footsteps, this young man known for his laughter and love of life, became a rabbi. While studying for his calling, he joined the National Guard and kept up an active membership. The return of the body of the Unknown Soldier had a profound effect on Goode. He attended the ceremonies, choosing to walk the thirty miles rather than drive or take a bus, because he thought it showed more respect. Goode married his childhood sweetheart and was serving a synagogue in York, Pennsylvania, when World War ALEXANDER D.GOODE Il broke out. He served on active duty from August 9, 1942 until February 3, 1943.





CLARK V. POWLING

Clark V. Poling was the youngest of the Four Chaplains and the seventh generation in his family to be ordained in the Dutch Reformed Church. When war came, he was anxious to go, but not as a chaplain. "I'm not going to hide behind the church in some safe office out of the firing line," he told his father. The elder Poling replied, "Don't you know that chaplains have the highest mortality rate of all? As a chaplain you'll have the best chance in the world to be killed. You just can't carry a gun to kill anyone yourself." So Clark Poling left his pastorate in Schenectady, New York, and enlisted as a chaplain. Just before he left for active duty, Clark asked his father

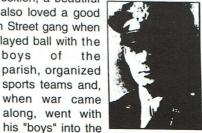
to pray for him - "not for my safe return, that wouldn't be fair. Just pray that I shall be adequate." Poling began active duty on June 10, 1942, and served until February 3, 1943.

John P. Washington grew up poor, scrappy, and determined in the toughest section of Newark, New Jersey. One of nine children born to an Irish immigrant

boys

of

family, he was blessed with a sunny disposition, a beautiful singing voice, and a love for music. He also loved a good fight, and was leader of the South Twelfth Street gang when he was called to the priesthood. He played ball with the



He began JOHN P. WASHINGTON active duty on May 9, 1942. His wonvoice, raised in song and prayer to comfort those around him, could be heard until his final moments on February 3, 1943.

23° "The Four Chaplains"

DURING WWII, FOUR CHAPLAINS OF DIFFERENT FAITHS GAVE THEIR LIFE JACKETS TO SOLDIERS FROM THE TORPEDGED TROOP SHIP, S S DORCHESTI AND IN DOING SO, KNOWINGLY SACRIFICED THEIR OWN LIVES. THE FOUR CHAPLAINS WERE.

LT & BRO GEORGE LANSING FOX

ALEXANDER DAVID GOODE CLARK V POLING

LT JOHN P WASHINGTON

RABBI MINISTER

"Valor is a gift," Carl Sandburg once said. "Those having it never know for sure whether they have it until the test comes.'

The Commander-In-Chief's Message

Dear Sublime Princes of the Royal Secret:

After what I hope was a fine summer for all, we return to face many of our longstanding problems (challenges and opportunities, to be sure), the greatest being - the very survival of our Rite.

For over one hundred years, not only the Scottish Rite, but all of North American Masonry, has drifted to an overempahsis on purely social fraternalism at the expense of a deep participation in the history, philosophy, and ritualism of Freemasonry.

Now that the Scottish Rite no longer enjoys the luxury of having others recruit for us; now that we <u>must</u> stand on our own two feet and "sink or swim", how are we to do this with a membership that is over 90% motivated to social fraternalism?

The only hope is to "point" our meetings toward the traditional roots of Masonry. And we still may fail <u>if</u> the attendance at both regular meetings and Reunions remains as disastorously low as has been the case in recent years.

If you have a real and sincere desire to both help and learn, as we begin our Fall Program, please come, join in the literal fun of finding out what really makes the concordant Rites "tick".

Our first Stated Rendezvous will be October 24, 2002, at which time you will be entertained by a "surprise" guest speaker. Hope to see you then.

Alexander R Grone Commander-In-Chief Albany Sovereign Consistory

Summoned Meeting

To All Respectable Brothers, Valorous Princes, Perfect Knights, & Sublime Princes of the Royal Secret of the Valley of Albany, AASR

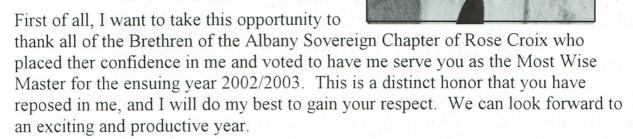
You are hereby <u>summoned</u> to attend a Joint Meeting of all Four Bodies of the Valley of Albany, at precisely 7:30 PM, Thursday, October 24, 2002, for the purpose of voting on <u>proposed revised Bylaws</u>.



By Order of the Executive Board

Greetings from The Most Wise Master

Dear Perfect Knights:



Assisting me in this challenge is the following fine line of Officers:

Senior Warden William M Korn Junior Warden William F Okesson Jr Treasurer George J Deveneau Richard G Barrell Secretary Ronald H Noll Trustee Orator Kurt W Mason Master of Ceremonies George E Thomas Hospitaler Alfred Krueger Bruce N Hazard Captain of the Guard Thomas W Snow Tiler

The programs scheduled should prove to be interesting as well as informative.

Beginning September 26, 2002, our first Stated Conclave will feature Ill. Alan C Lewis, 33*, who will speak to us about our Masonic Home in Utica, New York.

Those of us that have never visited this beautiful campus, sponsored by the Grand Lodge of New York and sustained by the generous contributions of New York State Masons, will have a clearer picture of where these caring dollars are spent for many of our Brothers and widows.

Brothers Jack and Tim Norray will give us first hand knowledge of using trained dogs assigned to rescue squads, utilized in search and rescue missions, as well as their expertise in ferreting out bombs and dangerous explosives, at our second Stated Conclave, November 7, 2002.

Congratulations

At its Annual Convocation July 20, 2002, the New York State Council of Deliberation announced that James Maclin Fuller, 32° has been elected to receive the Meritorious Service Award in 2003, at Utica, New York.

Educated in the Schenectady NY school system, Jimmy is a graduate of Hudson Valley Community College.

Brother Fuller resides in Schenectady NY with his wife
Elizabeth, and young daughter, Sara Mae. He is President of "Fuller's Printing
Corporation" which takes care of all our printing needs, including publishing the
"Rite Light".

Raised in Wadsworth Lodge No 417, F & AM, November 3, 1979, Brother Fuller was initiated into the Valley of Albany Scottish Rite, April 25, 1987, and has served as Thrice Potent Master of the Ineffable & Sublime Grand Lodge of Perfection in the year 1991 to 1992.

The Rite Light proudly salutes this deserving Brother on receiving this MSA award.

(MOST WISE MASTER CONTINUED)

On February 20, 2003, Bro Kenneth Moore, member of the Board of Governors, of the Boston Shriners Burns Hospital, will give us an update of this unit's activities.

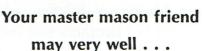
The numerous accomplishments of the Springfield, Massachusetts Shriners Hospital for Children, will be brought to us on April 3, 2003, by Bernadette White, Public Relations Consultant at Springfield.

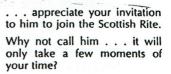
Don't forget our Fall Reunion on Saturday, October 19, 2002, at the Albany Masonic Temple, 67 Corning Place. Non speaking participants, stage and kitchen help are more than welcome.

Membership is very important. Now is the time to ask that Blue Lodge Brother of yours to sign up for this class. We need more members to take part in our work. Please do your part, and more important, become involved.

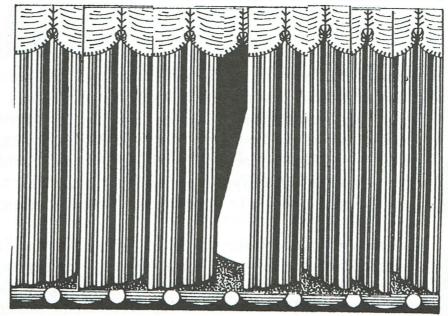
Alan C Garrison Most Wise Master Albany Sovereign Chapter of Rose Croix







Thank You! Thank You! Thank You!



75% of our goal was reached in the New Stage Curtain Appeal because of the generous contributions of the following:

Robert Alcorn
Lewis Baisden
Richard Barrell
Wilfred Baumann
Cyprus Shrine Center
George Deveneau
William Fink
Betty Getman
Alexander Grone
Paul Heintz

Leslie Kerr
William Korn
Alfred Krueger
Russell LaGrange Jr
Erwin Marquardt
Robert Murphy
Ronald Noll
Arnold Proskin
Clayton Simons
Richard Welkley

To the many other friends, families and Brothers of the Valley of Albany, you are also invited to become the owner of at least a piece of the new curtain (3" x 3") for a minimal donation of just \$5.00. Of course, larger donations will be cheerfully accepted.

This fund raising was absolutely necessary to replace a very old, worn-out curtain that crumbled in your hands at the slightest touch. Won't you find it in the kindest of your heart to help pay for this much needed item? It's your fraternity, too.

Thank you for your consideration.

Kindly send your check (payable to AASR Curtain Fund) to:

Peter J Gregory Chairman 34 Center Lane Glenmont NY 12077



RED HATS





GERALD F. IRWIN

Gerald Frederick Irwin, 32° MSA (Albany). Born in Albany NY; educated in local area schools; married to wife, Patricia; one daughter, Kelly; employed at General Electric Company. Has served as Master of Social Friendship Lodge No 741, New Baltimore, Onesquethau Lodge, No 1096, Delmar, & Berne Lodge No 684, Berne. Active in Albany York Rite and Cyprus Shrine. Past Most Wise Master, Albany Rose Croix, & now 1st Lt Commander, Albany Sovereign Consistory.



WILLIAM A. JERWANN

William Adolph Jerwann, 32º MSA (Troy). Born in Saugerties NY; graduated from University of NY at Oswego - BS degree in Industrial Arts & from University of NY at Albany - MS degree in Administration. Married to wife, Lois; two sons - Kevin and Keith; retired Industrial Arts teacher & Adult Education Director, North Colonie Central School. Past Master of On-Da-Wa Lodge No 820, Mechanicville; Past Patron & Past District Grand Lecturer, Eastern Star; active in Oriental Shrine; Past Thrice Potent Master, Sovereign Prince & Trustee - Delta Bodies.

Irwin & Jerwann awarded Meritorios Service Awards, July 20, 2002.

WHITE HAT



Ill.: William Minor Korn, 33°. Born in Albany NY; graduated with a BA degree from Central College, Pella, Iowa; married to wife, Barbara; daughter - Sara & son - Matthew; employed, Knolls Atomic Laboratory as scientific computer programmer; served as Master of Noah Lodge No 754, Altamont NY, present Secretary; active in Schenectady York Rite, Grotto & Cyprus Shrine where he serves as Recorder; Past Thrice Potent Master, Lodge of Perfection; currently - Sr Warden, Rose Croix; Director of 10 & 32; chairman, Thespian Reinforcement Committee.

ILL. WILLIAM M. KORN Korn became an Honorary Member of Supreme Council, 33, 09/03/02.

BLUE HAT



GEORGE B. HUNT

George Bruere Hunt, 32° DSA. Born in Trenton NJ; earned his BA degree in Civil Engineering from Worcester Polytechnic Institute, Worcester, Mass.; began his musical career at Trenton Conservatory of Music; married to wife, Judith; daughter - Cherie & two sons - Ralph & Errol: retired Civil Engineer with the NYS Department of Transportation having spent 36 years in Highway Design; Past Master of Triune Lodge No 782, Poughkeepsie NY, now Secretary; three time Patron and Associate Patron of Eastern Star; active in York Rite & Cyprus Shrine Band; regular participant in Albany Scottish Rite Reunions.

Hunt will be awarded the Dedicated Service Award at this testimonial.

ormal Affair

s/Honors

Preparations Have Been Made For A Star Spangled, Red, White, and Blue Testimonial Honoring

Gerald F Irwin, 32° MSA & William A Jerwann, 32° MSA (Red Hats)

Ill:.William M Korn, 33° (White Hat)

George B Hunt, 32° DSA (Blue Hat)

Friday Evening, November 8, 2002, at Six-thirty o'clock

Mallozzi's Restaurant 1930 Curry Road (Route 7), Rotterdam NY (near Altamont Avenue)

Beginning with a Cash Bar, Unlimited Hot & Cold Hors D'Oeuvres including Assorted Breads, Bistro Meats, Cheeses, Fresh Fruit, Chicken Brochettes, Beef Teriyaki, Quiches, Stuffed Mushrooms, Clams Casino

Seven-thirty o'clock: Choice of Dinner Entre Chicken Cordon Blue, Roast Loin of Pork, or Shrimp Français

	Cost Per Person: \$46.00
Dress:	Black Tie Tux (or Dark Suit); Ladies - Appropriate Evening Attire
·	Reservation Form
Reserve	Dinners for:
Name:	32°33°DSA MSA Office
	(circle one)
Lady:	Telephone Number:
No. of Dinr	ner Choices: / / Chicken Cordon Bleu; / / Roast Pork; / / Shrimp Français
Enclosed is	my check payable to AASR x \$46.00 for Total of \$.00
	TURN THIS FORM & CHECK TO: B BARRELL, 59 Fuller Ter, Albany NY 12205-4024
MAKE YOU	R RESERVATIONS EARLY. ATTENDANCE LIMITED TO 150. NO PHONE CALLS.

Deadline: October 25, 2002

April 20th Reunion a big success:

To all who participated in any way at our April 20th Reunion -- (degree Directors -- degree casts -- stage crew -- dinning room/kitchen -- sideliners -- and especially the candidates) -- I express to each of you, on behalf of the Valleys of Albany & Troy, our thanks for your help in making our Reunion a great success. After four years as Director of the Work, I have decided to "retire". It has been both frustrating and rewarding -- I believe that we have made significant improvements in our portrayal of the degrees each reunion. My personal thanks to all who have made this possible. Good luck to my successor and our two great Valleys.

Alan C. Lewis, Director of the Work

Following are listed the cast members for the several degrees exemplified at our Reunion -- please say thanks when you see them, or give them a call to express your appreciation.

4th Degree -- Russell J. LaGrange, Jr -- Director -- April 20, 2002

King Solomon	Raymond H. Gaul	355-1714
Adoniram	Russell J. LaGrange, Jr	438-7128
Abda	Bruce S. Pavloff	452-1022
Zabud	Morgan R. Searles	767-0205
Zadok	Alan C. Lewis	439-3931
Ahishar	Paul G. Heintz	459-2975
Prologue	Alan C. Lewis	439-3931
Zerbal	Ben F. Froggett	459-8690
Guard	William F. Okesson, Jr	482-6972
Guard	Vincent R. Morey	872-1329
Guard	Richard F. Cesare	785-7294



14th Degree -- Russell J. LaGrange, Jr & William M. Korn Co-Directors -- April 20, 2002

Thrice Potent Master	William M. Korn	456-4704
Deputy Master	Russell J. LaGrange, Jr	438-7128
Senior Warden	Bruce S. Pavloff	452-1022
Junior Warden	William F. Tschumi	237-6107
Orator	Alan C. Lewis	439-3931
Master of Ceremonies	Robert S. Walenta	439-7350
Hospitaler	Paul G. Heintz	459-2975
Captain of the Guard	Bruce E. Zeh	765-2280
Prologist	Kurt W. Mason	785-3657
Moses	Richard G. Barrell	869-0684
Inquirer	Gerald F. Irwin	872-0672
Music	Mark H. Baumback	765-4419

15th Degree -- Gerald F. Irwin -- Director -- April 20, 2002

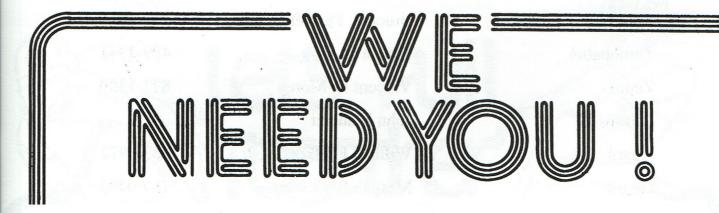
Cyrus	Alan C. Lewis	439-3931
Sysina	Raymond H. Gaul	355-1714
Nebuzaradan	Russell J. LaGrange, Jr	438-7128
Daniel	Benjamin T. Garry	869-0437
Abazar	Gerald F. Irwin	872-0672
Ratim	Bruce S. Pavloff	452-1022
Zerubbabel	Steven S. King	489-1341
Zemira	Vincent R. Morey	872-1329
Satraps	John Mancini	
Guard	William F. Okesson, Jr	482-6972
Guard	Morgan R. Searles	767-0205

18th Degree -- Alan C. Lewis -- Director -- April 20, 2002

Most Wise Master	Alan C. Lewis	439-3931
Senior Warden	Byron D. Moak	235-5868
Junior Warden	J. Richard Wilson	758-7941
Orator	Ben F. Froggett	459-8690
Master of Ceremonies	Gerald F. Irwin	872-0672
Capt of the Guard	Vincent R. Morey	872-1329
Off-Stage Voice	Morgan R. Searles	767-0205
Story of the Cross	Ben F. Froggett	459-8690
Prologue	J. Richard Wilson	758-7941

26th Degree -- Richard G. Barrell -- Director -- April 20, 2002

President Lincoln	Steven S. King	489-1341
James Smart	William M. Korn	456-4704
Warrington Blair	Russell J. LaGrange, Jr	438-7128
Carter Blair	Kenneth R. Ciatyk	865-2847
Union Solider	Ben F. Froggett	459-8690
Union Solider	Morgan R. Searles	767-0205
Prologue	George J. Deveneau	458-1481



32nd Degree -- William M. Korn -- Director -- April 20, 2002

Commander-in-Chief 1st Lt. Commander 2nd Lt. Commander Orator	Alexander R. Grone Gerald F. Irwin Luiz Silva Malcolm L. Ogden, Sr	768-2045 872-0672 845-246-4251 747-4327
Hospitaler Chancellor Master of Ceremonies Engineer & Seneschal	Paul G. Heintz Byron D. Moak Benjamin T. Garry Ronald H. Noll	459-2975 235-5868 869-0437 783-1898
Standard Bearer Standard Bearer Captain of the Guard Worshipful Master	George J. Deveneau Bruce E. Zeh Howard J. Lasker Raymond H. Gaul	458-1481 765-2280 459-3345 355-1714
Thrice Potent Master Sovereign Prince Most Wise Master Constans	Kurt W. Mason William F. Okesson, Jr Ben F. Froggett William M. Korn	785-3657 482-6972 459-8690 456-4704
Bishop Prince Commander Herald Knight Lodge of Perfection	Russell J. LaGrange, Jr Alexander R. Grone Bruce E. Zeh Robert S. Walenta	438-7128 768-2045 765-2280 439-7350
Knight Prince of Jerusalem Knight of Rose Croix Knight Kadosh Florio	Dominick Schoonmaker Richard G. Barrell David C. Schaefer Michael D. Derry	355-7480 869-0684 377-9613 868-4040
Urban Rufus Ignatius Priest	Rev. Richard H. Welkley Gerald F. Irwin Richard F. Cesare George J. Deveneau	373-0910 872-0672 785-7294 458-1481
Priest Soldier Soldier Soldier	William F. Okesson, Jr Kurt W. Mason Raymond H. Gaul Byron D. Moak	482-6972 785-3657 355-1714 235-5868
Acolytes	Mark H. Baumback	765-4419

Candidates Are Everywhere - <u>Just Ask!</u>

Fall Reunion - Saturday, October 19, 2002

A Word from the Sovereign Prince

Valorous Princes:

Another season is beginning for us in Scottish Rite. This may be a bit of a misnomer because our work goes on all year long. Most of us like



to take some time during the summer for a vacation, or to spend time with our families. Now that the dog days of summer have passed, our 2002/2003 schedule of programs will begin. Everyone has endeavored to put together interesting and informative programs. We will be having a rehearsal of the Fourth Degree at our first Stated Assembly on October 10, 2002. You are all welcome to attend.

Each of us had our own reasons for joining the Scottish Rite. Some - to experience the learning of more about Freemasonry; some - to enjoy more fellowship with their Blue Lodge Brothers and widen their circle of friendship with Brothers they had not met before; and others - to use it as a means to another end. Regardless of your motive for joining, you are a member of Scottish Rite, and are entitled to all the rights and benefits of your membership.

Remember when you attended your first Reunion as a candidate, and witnessed for the first time, the beautiful degree work? Did it not fill you with awe to see ritual work performed in an entirely different way than in the Blue Lodge? Did it not make you want to become part of all you saw? Well, you can. How fortunate you are! That is the right and benefit of being a member of the Scottish Rite. There are positions available to suit whatever your comfort level is. There are major speaking roles, minor speaking parts, and "mummers" (non-speaking) characters needed. Also, help is always wanted with the stage crew, kitchen and registration. Become part of the team. You will always be welcome.

Our Valley covers a large geographical area, and it can be difficult to make weekday meetings (assemblies) for those of you who live far away. If you happen to be in the Albany area some Thursday evening, check your Program Schedule, and if there is a Scottish Rite meeting, stop by. Your only requirement to be admitted is your current dues card, or an avouchment by the Secretary; no passwords or grips necessary. For those that reside in the area, plan on coming to at least one meeting this coming year. Try making attendance a habit. One can never have enough good habits.

In any event, please mark your calendars and make attending one or both of the upcoming Reunions - Saturday, October 19, 2002 and Saturday, April 26, 2003. Join with fellow Scottish Rite Brethren in your area and share a ride for that day. Attending a Reunion is a positive experience for all. We look forward to seeing you.

Raymond H Gaul
Sovereign Prince
Grand Council of Princes of Jerusalem

Salutations from The Thrice Potent Master

Respectable Brothers:

I very much appreciate the confidence you have shown by electing me Thrice Potent Master of the Ineffable & Sublime Grand Lodge of Perfection for the ensuing year.



Dull, boring, business-as-usual-meetings are no incentive to attend Scottish Rite Communications. This year's programs are intended to be interesting and informative, and hopefully, make you want to come back. We'll have a guest speaker at our first Stated Communication, September 19, 2002, after we've all enjoyed a pleasant (but hot) summer.

October 19 is our **Fall Reunion.** Now is the time to ask that Blue Lodge friend of yours to get "even further light" in Masonry by filling out that petition for the Valley of Albany Scottish Rite. A "new" degree (one that has never been conferred in this Valley) - the 10th Degree "Master Elect of Fifteen", will be presented at this Reunion. Try not to miss it. Bill Korn has put a lot of effort into selecting cast members and holding rehearsals. He deserves your support.

Speaking of Bill - and Gerald Irwin, Bill Jerwann and George Hunt - a Testimonial Dinner will be held to honor these Brothers, Friday, November 8, 2002, at Mallozzi's Restaurant in Rotterdam NY. See details elsewhere in this issue.

Please mark your calendar for *The Feast of Tishri - Thursday, November 21*, 2002. Our guest speaker for this event will be III. Arnold W Proskin, 33. A roast lamb (or chicken, if you prefer) at a cost of only \$5.00 per person, will precede the main program, during which time the traditional toasts of obligation will be offered. The Feast of Tishri (also known as the Feast of the Tabernacle) as described in the Old Testament where it is said that the Lord spoke unto Moses saying that in the fifteenth day of the month (the first month of the Hebrew civil calendar) when "ye shall have gathered in the fruit of the land, ye shall keep a feast unto the Lord seven days" (Leviticus 23:39, 42-43), as well as the Torah "it shall be the feast of ingathering at the end of the agricultural year" (Exodus 23:16). Special prayers are said for rain (geshem), and memorial services for the departed, plus reflections on the purpose of life and man's ceaseless strivings. We observe this feast in Scottish Rite because it fosters the warm spirit of frateranl fellowship so vital to our Rite. We meet at a common table, express our mutual esteem, and so promote that essential bond of cordiality and respect which lightens and shares the weight of our Masonic endeavors. Such social amenities open us to each other in an atmosphere elevated beyond the sphere of normal day-to-day communication. Within the context of the Feast of Tishri, we realize more deeply than ever before the value of our fellowmen, without which the individual is lost in a self-imposed prison of human isolation.

Please call me at 459-8690 for reservations. Note: This is a TILED Meeting.

Ben F Froggett
Thrice Potent Master
Ineffable & Sublime Grand Lodge of Perfection

Ancient Accepted Scottish Rite, N.M.J., U.S.A. VALLEY OF ALBANY

Richard G. Barrell, Secretary 67 Corning Place Albany, New York 12207-1999 Non-Profit Org. U.S. POSTAGE PAID Latham, N.Y. Permit No. 22

THERE'S NOTHING THE MATTER WITH ME

by Anonymous

There's nothing whatever the matter with me.

I'm just as healthy as can be I've got arthritis in both my knees. And when I talk, I talk with a wheeze, My pulse is weak, and my blood is thin, But I'm awfully well for the shape I'm in. I think my liver is out of whack, And there's a pain right down my back, My hearing is poor, my sight is dim, The doctor says my days are few For every week comes something new. The way I stagger around's a crime I'm likely to drop most any time, But I'm awfully well for the shape I'm in. Sleepless I am, night after night, And in the morning I'm a sight, My memory's failing, my head's in a spin . .

I'm practically living on as-pir-in,
But I'm awfully well for the shape I'm in.
The moral is . . . as our woes are told,
That for you and me who are growing old
It's better to say, "We're fine" with a grin,
For that will improve the shape we're in.

EL PASO SCOTTISH RITE BULLETIN

Prayer For Bad Times

by Richard Cardinal Cushing of Boston
Dear God: Help me be a good
sport in this game of life. I don't ask
for an easy place in the lineup. Put me
anywhere you need me. I only ask
that I can give you 100 percent of
everything I have. If all the hard drives
seem to come my way, I thank you for
the compliment. Help me remember
that you never send a player more
trouble than he can handle.

And, help me, Lord, to accept the bad breaks as part of the game. May I always play on the square, no matter what the others do. Help me study the Book so I'll know the rules.

Finally, God, if the natural turn of events goes against me and I'm benched for sickness or old age, help me to accept that as part of the game, too. Keep me from whimpering that I was framed or that I got a raw deal. And when I finish the final inning, I ask for no laurels. All I want is to believe in my heart that I played as well as I could and that I didn't let you down.

JUST FOR TODAY

JUST FOR TODAY I will try to live through this day only, and not tackle all my problems at once. I can do something for twelve hours that would appall me if I felt that I had to keep it up for a lifetime.

JUST FOR TODAY I will be happy. This assumes to be true what Abraham Lincoln said, that "Most folks are as happy as they make up their minds to be.

JUST FOR TODAY I will adjust myself to what is, and not try to adjust everything to my own desires. I will take my "luck" as it comes, and fit myself to it.

JUST FOR TODAY I will try to strengthen my mind. I will study, I will learn something useful. I will not be a mental loafer. I will read something that requires effort, thought and concentration.

JUST FOR TODAY I will exercise my soul in three ways: I will do somebody a good turn, and not get found out; if anybody knows of it, it will not count. I will do at least two things I don't want to do—just for exercise. I will not show anyone that my feelings are hurt; they may be hurt, but today I will not show it.

JUST FOR TODAY I will be agreeable. I will look as well as I can, dress becomingly, keep my voice low, be courteous, criticize not one bit. I won't find fault with anything, not try to improve or regulate anybody but myself.

JUST FOR TODAY I will have a program. I may not follow it exactly, but I will have it. I will save myself from two pests: hurry and indecision.

JUST FOR TODAY I will have a quiet half-hour, all by myself and relax. During this half-hour, sometimes, I will try to get a better perspective of my life.

JUST FOR TODAY I will be unafraid. Especially I will not be afraid to enjoy what is beautiful, and to believe as I give to the world, so the world will give to me.

EL PASO SCOTTISH RITE BULLETIN